

HermanMiller  
Zeph Chair



**Seat Height:** Lever on right side



**To raise:**  
Take your weight off chair,  
pull lever up.



**To lower:**  
While seated and fully upright,  
pull lever up.

At the proper height, your feet should rest flat on the floor.

**Footrest Height:** Circular support below seat

*Only available on stool models.*



**To adjust footrest height:**  
Grasp the centre housing of the  
footrest and depress the lever.



While holding the lever, raise or  
lower the footrest to desired height  
and release the lever into one of the  
eight lockable positions.

**Seat Pad:** Clips beneath the seat

*Only available on some models.*



**To install:**  
Wrap the seat pad around the  
edges of the seat.

Snap the clips into the slots  
beneath the seat on each side.

**Unibody:** Clips beneath the seat

*Only available on some models.*



**To install:**  
Wrap the unibody around the  
edges of the back and seat.

Snap the clips into the slots  
beneath the seat on each side.